

Mothers Day Dinner

Please make plans to join us for Mothers Day dinner on Friday, May 11.

Closing

The Center will be closed Monday, May 28 in observance of Memorial Day.

Birthdays

Marie Allman, Helen Banner, Coleen Bliss, Ron Bosley, Ruth Burchett, Judy Cazzolli, Eugene Cooke, Alvin Covey, John Filaseta, Ed Flack, Bernice Fouts, Annie George, Karen Greer, Eleanor Harker, Ken Huffman, Thomas Joyner, Dorothy Kalstrom, Andy Leach, Ora May Leopold, Anna Mansell, Leona McDonald, Betty McKendrick, Kathryn Mosteller, Thelma Muir, Susan Newberry, Alice Pitcher, Patty Price, Garnet Pursley, Don Ries, Charlotte Roman, Jeanne Shepard, Dave Wehrin, Pete Westergaard, Linda Wren.

Health Fair

Monday, May 7 from 1 - 3 p.m.

Winter is over...put a SPRING in your step...and join us for the Springfield Senior/Community Center Health Fair on Monday, May 7 from 1-3 p.m. Health Screenings, Free Give-aways, Raffles and Senior Information will be available. Also, FREE bean soup and cornbread! The event is presented by Homewatch Caregivers and Senior Select Home Health Care Services.

Healthy Lifestyle Luncheon Series

Thursday, May 17, 24, 31 from noon - 2 p.m.

Please make your reservations for our Healthy Lifestyle Luncheon Series. Each week the luncheon will include a guest speaker talking about healthy choices, lunch followed by an activity at the new Springfield Lake Adult Exercise Park. The luncheon series is FREE and open to the first 25 people that sign up each week!

May 17 - Heart Smart Eating. A smart nutrition plan to feed a healthy heart.

May 24 - Blood Pressure Translation - What do these numbers mean?

May 31 - The Importance of Getting a Good Night's Sleep.

The series is presented by Crossroads Hospice, Homewatch Caregivers, Medical Services Company and Senior Select Home Health Care Services.

Springfield Township

Boyd Esler Senior/Community Center
2491 Canfield Rd., Akron, OH 44312

Phone: (330) 733-2556

Web Site: www.springfieldtownship.us

Director: Bobby Dinkins

(bdinkins@springfieldtownship.us)

Staff: Kitty Williams and Pearl Salhany

May Events

- ZUMBA

May 3, 7, 10, 14, 17, 21, 24, 31 @ 6:30 p.m.

- Girl Scouts

May 1, 15 @ 6 p.m.

- Summit County Library

May 1, 15, 29 @ 3 p.m.

- Blood Pressure Checks

May 1, 15 @ 2:45 p.m.

- Health Fair

May 7 @ 1 p.m.

- Coin Collectors Club

May 9 @ 6 p.m.

- Senior Board Meeting

May 10 @ 1:30 p.m.

- Bark In The Park

May 12 @ 11 a.m.

- Health Lifestyle Luncheon Series

May 17, 24, 31 @ noon

- Fire Department CPR

May 18 @ 6 p.m.

- Brittany Pointe Homeowners

May 23 @ 7 p.m.

Daily Activities

Monday- Pinochle, noon-2:30 p.m.

Tuesday- Bingo, 10:45 a.m.-2 p.m.

Wednesday- Bridge, 10:30 a.m.-2:30 p.m.

Thursday-Line Dancing, 1-2 p.m.

Friday-Euchre, noon-2:30 p.m.

Meal Program

Home cooked meals are served Monday through Friday at 3:30 p.m. The program is partially funded through a grant from the Area Agency on Aging and partially funded by voluntary donations from participants. The cost is \$6.75 for anyone under 60 years of age. A voluntary donation of \$3.25 is asked for anyone 60 and over. Reservations MUST be made no later than 11 a.m. the day of the meal. Please call (330) 733-2556 to make your reservation. All are welcome. The menu is on the back.